



2023 Central Council U10/12 Giant Slalom

Event Dates: Saturday February 11th, 2023 GS Race and Skills

Trail: Chopsticks

Membership Requirement: USSA & NYSSRA

Class: U10, U12

Entry Fee: \$47/Athlete

Protest Fee : \$50 (\$100 for equipment)

Entry Procedure: Registration at www.adminskiracing.com. No in person or Day of Registrations.

Bibs and Tickets: - Will be given to each Club in the training room located in the main lodge. Club will be responsible to distribute to their Athletes. There will be no daily registration table.

Health and Daily Symptoms should be monitored daily. If you are feeling ill, have tested positive, or been exposed to someone who has tested positive for COVID-19 we ask that you stay at home. We will not be requiring a physical or electronic health screening.

Contact Information:

- Program Director and Chief of Race – Tom Donahue – songraceteam@gmail.com
- Race Administrator -
- Technical Delegate -

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| 8:00 AM - | Main Lodge Opens |
| 8:30 AM - 8:45 AM | Team Captain Bib Pick Up Main Lodge Lower Level Front Door |
| 8:45 AM | Course Setter/Jury Lift |
| 9:00 AM | Lift Open - Athletes and coaches |
| 9:00 AM - 9:30 AM | Athletes Free Run/Warm Up / 2 SkillsQuest skills (No skiing in race venue) |
| 9:30AM – 10:30 AM | Course Inspection |
| 10:40 AM - | 1 st Run |

45 Minutes after Run 1 ends Course Inspection for Run 2

60 Minute Course Inspection

Run 2 Forerunners

Run 2 Starts 10 minutes after forerunner

Times are subject to change. We will need athlete and coach help rolling nets at the completion and before awards.

Awards Ceremony outside approximately 45 minutes after the completion of the race.

RULES AND REGULATIONS

1. Racer must be a current member of USSA and NYSSRA.
2. Helmets, ski brakes and baskets on poles are required.
3. No cutting of lift lines. Respect other skiers' rights. Skis must be stood up in the ski racks. Do not leave skis lying on the ground or leaning against the building. No skis or poles in the Lodge.
4. Skiing which endangers oneself or others will result in disqualification and revocation of lift privileges.
5. Racers may inspect the course by side slipping the course. Skiing through gates or shadowing the course is grounds for disqualification. The course will be closed for entry 30 minutes after inspection begins, inspection will be open for approximately 1 hour. After inspection there will be NO on course movement unless approved by the Chief of Race.
6. All USSA and FIS rules will be in effect.
7. Racers must clear the finish area as soon as possible. However, racers must also slow to a full stop before exiting the finish area. Use caution and good sense.
8. Please return your bibs after 2nd run.
9. Any tucking or fast skiing, faster than the flow of skiers, down any 'SLOW SKIING AREA' will be for cause immediate ticket revocation. This will prevent you from racing!!! There will be no exceptions!!!

RACE AREA:

The access to the race trail will be limited to the following individuals only, with proof of USSA Membership or completion of a USSA Wavier filed with the Race Administrator: Participating Athletes, Forerunners, Coaches, Race Officials, Race Workers and Race Maintenance Staff. Spectators and Parents are not permitted on the Race Trail or in the Race Arena unless they are listed as Race Officials, Race Crew or Coaches. **IMPORTANT:** Policy regarding parents in and around the start area. Please read the rules outlined below. **IN ORDER TO ALLOW EACH RACER SOME QUIET TIME IN THE STARTING GATE TO MENTALLY PREPARE FOR HIS OR HER RUN, TO DEVELOP HIS/HER OWN PERSONAL PRE-RACE RITUAL, AND TO RECEIVE ANY LAST MINUTE INSTRUCTIONS FROM THE COACH, IT IS IMPORTANT THAT THE START AREA BE AS FREE OF DISTRACTION TO THE RACER AS POSSIBLE. FOR THIS REASON, PARENTS ARE NOT ALLOWED IN THE FENCED START AREA. PARENTS, RACERS, AND COACHES ARE NOT ALLOWED TO ENTER TIMING BUILDINGS FOR ANY REASON DURING A RACE - ONLY THOSE INDIVIDUALS AUTHORIZED BY THE RACE ORGANIZING COMMITTEE ARE ALLOWED IN THE TIMING BUILDING.** As parents, we want you to be at the events to support your son or daughter no matter the results. Loud cheering and open arms in the finish are the best things you can do for them all! Climbing or skiing to view the race from the hill must be well clear of course fencing. Officials will keep all areas along and adjacent to course fencing clear.

Athletes must have their ski pass and race bib on at all times. Please return bib at the end of the race (finish area) or a lost bib fee will be charged. The lift safety bar must be down at all times when riding the lift.



Athlete Safety

U.S. Ski & Snowboard works to provide a safe environment in which athletes can train and compete, free from abuse and inappropriate behavior.

Please review U.S. Ski & Snowboard's [Athlete Safety](#) policies, the [SafeSport Code](#), and the Minor Athlete Abuse Prevention Policies ([MAAPP](#)).

If you are an athlete who has experienced inappropriate behavior or know of an athlete who has experienced inappropriate behavior, please report to the U.S. Center of SafeSport [HERE](#) or U.S. Ski & Snowboard [HERE](#). All adult participants are mandatory reporters. Reporting violations may be made anonymously and there are no fees for reporting. We all are part of promoting a culture of safety through education, listening, and speaking up.

For reporting requirements and links to reporting, please go [HERE](#).