



Mud, Sweat 'N Gears U14 State Championships at West Mountain March 8-12, 2023

Registration: Registration is available at admskiracing.com. Online registration only. We will not accept any same-day registrations or registrations after registration closes online. Please make sure to register for the ticket/event payment portion of the race as well as the individual race days that apply to your child or children.

Registration Fee: \$260 per athlete and covers tickets for each day of the event, a State Championship sweatshirt and other give-aways, an awards dinner banquet for athletes and coaches only on Saturday night at 7pm, and race days.

WMR Program Director: Sara Montgomery sara@westmountain.com

Chief of Race: Darnel Holmes

Technical Delegate: Rich Burnley

Chief of Course: Travis Boevin

RA: Margaret Godsil margaret@westmtracing.com

Date of Events: Wednesday March 8-Sunday, March 12 (Please make sure to register for the ticket portion of the race as well as the individual race days that apply to your child or children)

Event Schedule:

Wednesday, March 8 SG Training Day (both genders). Must participate in the SG training day to race the SG race the following day. Please make sure your athlete has completed all the necessary training days as per NYSSRA guidelines before registering for the SG State Championship training and race days.

Thursday, March 9 SG Race Day (both genders)

Friday, March 10 GS (girls only), boys can freeski with their pass

Saturday, March 11 GS (boys only), girls can freeski with their pass/Dinner Banquet for athletes and coaches in the Main Lodge at 7pm. Our restaurant and bar will be open for parents for regular bar and dinner service.

Sunday, March 12 SL (both genders), SL awards etc.

Training/Race Start Times: 9:30am

Team Captain's meetings:

#1 Topic: Mud, Sweat 'N Gears, U14 State Championships SG Training Day, West Mountain

Time: Mar 7, 2023 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/81023661195?pwd=SnVZMVIvbnBGZ2cvS3A2UnBFdWlrUT09>

#2 Topic: Mud, Sweat 'N Gears, U14 State Championships SG Race Day (Boys and Girls)

Time: Mar 8, 2023 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/88378017721?pwd=NjUyaEpsWitWREp5N0xvaVUyaGN4QT09>

#3 Topic: Mud, Sweat 'N Gears, U14 State Championships GS Race Day, Girls only

Time: Mar 9, 2023 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/89521590693?pwd=KOU5QUg5YWtzOXE3RGJIRmw4NUYvUT09>



#4 Topic: Mud, Sweat 'N Gears, U14 State Championships GS Race Day, Boys only

Time: Mar 10, 2023 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/86998894518?pwd=QlZKeEFxaktYanM5SXNBOVNNZm5jUT09>

#5 Topic: Mud, Sweat 'N Gears, U14 State Championships SL Race Day (Girls and Boys)

Time: Mar 11, 2023 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/86883501203?pwd=a2pid3lvZkJOuTRxZFBXOVZVjVWZz09>

Training/Race Day Communication: <https://chat.whatsapp.com/LVCsfPwmlWh83UsWO2OTin>

Training Day Schedule (schedule is subject to change)

Check In: 7:00-8:00am-Team Captain to pick up all Bibs/RFID cards for each Team under Large White Tent Behind the Base Lodge. Athletes will pick up their state championship sweatshirt during Check-In (1 per athlete) under the White Tent. RFID cards will be loaded for all 5 days of races. Please make sure your child or children hold on to these cards all 5 days of the event. They will not be able to get on the lift without the card.

Training Trail SG: Upper Cure/Gnarwall/Face

Inspection & Free Ski: 8:30 - 9:30

Morning Session: 9:30 - 12:00

Lunch Break: 12:00 - 1:00

Afternoon Session: 1:00 - 3:30

Race Day Schedule (schedule is subject to change)

Check In: 7:30am-8:15am-Team Captain to pick up all Bibs/RFID cards for each Team under Large White Tent Behind the Base Lodge. Athletes who have not already picked up their sweatshirt, can pick it up during Check-In under the White Tent.

Race Trail SG: Upper Cure/Gnarwall/Face

Race Trail GS: Lower Cure/Gnarwall/Face

Race Trail SL: Gnarwall/Face (Men's Course skier's left, Women's Course skier's right)

Lift Opens for Course Setters & Jury: 7:30am

Jury Inspection: 8:00am

Lift Opens for competitors: 8:30am

Inspection: 8:45am-9:15am

Inspection Closed: 9:15am

Forerunners: 9:25am

First Run Start Time: immediately after forerunners

Lunch/Second Run Course Re-Set: 11:30am

Second Run Inspection: 12:00pm-12:45pm



Second Run Inspection Closed: 12:50pm

Second Run Forerunners: 1:00pm

Second Run Start Time: immediately after the forerunners

Boys Second Run will immediately follow the girls

Start Order as per NYSSRA: Start order will use the TRS (butterfly) system.

TRS Looks like this:

Run 1 Random seeded within gender

Run 2 First run start list reversed within gender

Run 3 Starts with second half of first run order within gender
and continues with second half of first run order

Run 4 Start order for the third run reversed with in gender.

Example: Run 1 1-2-3-4-5-6-7-8-9-10/Run 2 10-9-8-7-6-5-4-3-2-1/ Run 3 6-7-8-9-10-1-2-3-4-5/ Run 4 5-4-3-2-1-10-9-8-7-6

Bib Collection: Bibs will be collected at the finish line each day.

Spectating: Spectating is allowed outside the finish area. If you choose to hike to view the race, you will need to purchase a discounted parent/sibling ticket online at westmountain.com

Parent/Sibling tickets: All parent/sibling discounted tickets (\$40) must be purchased in advance at westmountain.com.

Awards: SG and GS Awards will take place Saturday night at the awards dinner banquet for athletes and coaches only in the Main Lodge at West at 7pm. SL awards will take place outside behind the Main Lodge near the Fire Pit. The top 10 ladies and gentlemen will be announced, and the top 3 ladies and gentlemen will receive awards, and hard charger for each Gender. Team selection will happen on the last day of racing.

Timing: The race can be viewed on Live timing. Please remember results on Live timing are not official.

Protests: Must be submitted in writing at the finish building within 15 minutes of the posting of the referee's report, accompanied by a protest fee of \$50. Jury meetings will be in the timing room above the Race Building.

Officials and Volunteer Check-In/Tickets: Will be distributed at Check In Under the White Tent Behind the Main Lodge

Coaches Check-In/Tickets: Will be distributed at Check In Under the White Tent Behind the Main Lodge

Medical Plan Link: [HERE](#)

Hotels and Lodging: [HERE](#)

Race Volunteers: We are always looking for course crew and gatekeepers. Please email WMR Program Director Sara Montgomery at sara@westmountain.com if you would like to help with our events. Volunteers receive a complimentary bagged lunch and a ski or tubing voucher.



**WEST MOUNTAIN
RACING**

U.S. Ski & Snowboard and Safesport: [HERE](#)

West Mountain Health, Safety and Operational Details: [HERE](#)

Pets: We love pets, but do not allow them on the property.

Large food displays: Large food displays are not allowed in the lodge. Please use the White tent if you are bringing your own food.

Ski Tuning: We offer full-service Montana race tunes at our West Mountain Sports Shop.

Dining: Our West Mountain Bar & Eatery will be open weekdays from 4-9pm and weekends from 11am-6pm. Our café will be open every morning at 7am and it offers delicious, breakfast, lunch and dinner items.

West Mountain Racing Information: Please visit westmtracing.com to learn more about West Mountain Racing (WMR).

Thank you to our Title Event Sponsors!



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