

Sugar Mountain Resort

SARA U10 – U14 Championships

March 2-3, 2019

Congratulations and welcome to the Championship at *Sugar Mountain Resort*. We hope you enjoy your visit to North Carolina's High Country! We look forward to providing an enjoyable event for all, and a weekend of exciting race competition.

Registration – Please note: registration for race and banquet is online only

- **Registration Deadline:** 11:59pm 2/24/19
- **Register online:** https://adminskiracing.com/racereg/event_listing/eventlist
- **Registration Fee:** \$200, \$140 Sugar Mountain Ski Team Members
 - Registration fee includes race fee for both Slalom and GS, lift ticket for both race days, dinner on Saturday, t-shirt, and championship goodie bag
- **Family banquet tickets:** are available for purchase as part of online registration for \$20/person; tickets must be purchased online; banquet tickets will NOT be available after 2/24/19
- **Lift Tickets:** Racer's lift ticket included in entry fee, family lift tickets available for purchase for \$40 each race day on the 3rd floor of the lodge 7:00-8:00 am
- **T-shirt:** please be sure to select a t-shirt size as part of online registration process

Accommodations

The following are offering lodging discounts (mention SARA Champs):

- *Dereka's Sugar Mountain Accommodations Center* is offering competitor discounts of 25% off posted rate. Efficiency to Six-bedroom properties, slope-side or secluded. Please reference race in order to receive discount. Call 1-800-545-9475.
- *Resort Real Estate & Rentals @ Sugar Mountain* - SARA participants stay with Resort Real Estate and Rentals @ Sugar Mountain and receive 25% off your accommodations. *Some restrictions apply* Call 1-800-438-4555 to book your unit and mention SARA.
- *Sugar Ski & Country Club* is offering one-night stays or 10% of two-night stay. Condos are ski-in ski-out and located at the top of Oma's Meadow on Sugar Mountain. Call 1-800-634-1320 and mention SARA.

Schedule of Events:

	Date	Time	Location
Team Captain's Meeting	3/1/19	7:00 pm	3 rd floor of lodge
Racer Check-In	3/1/19	6:00 pm – 8:00 pm	3 rd floor of lodge
Racer Check-In	3/2/19	7:00 am – 8:00 am	3 rd floor of lodge
Racer Check-In	3/3/19	7:00 am – 8:00 am	3 rd floor of lodge
Slalom – Men	3/2/19	9:00 am	TBD
Slalom – Ladies	3/2/19	9:00 am	TBD
Giant Slalom – Men	3/3/19	9:00 am	TBD
Giant Slalom – Ladies	3/3/19	9:00 am	TBD

Banquet for racers and families	3/2/19	6:00 pm – 8:00 pm	3 rd floor of lodge
Awards	3/3/19	Approximately 1 hour after protest period	TBD (3 rd floor of lodge or on deck)

- **Friday Arrival** - Group rate lift tickets will be available for racers arriving early and wishing to ski on Friday. Tickets will be available at the Group Sales Office on the 1st floor of the lodge. Pricing as follows: Full Day \$35, Half Day \$27, Twilight \$35, Night \$30.
- **Volunteers** - Comp (free!) lift tickets will be provided for any adult non-racers assisting in the race in an official capacity (i.e. gatekeeper, hand timer, etc.). Check-in at the registration desk by 7:30am on race day on 3rd floor of lodge.
- **Coach's Tickets:** 2 comp tickets will be provided per mountain, available for pick-up during Racer Sign-in. Must be certified as a USSA coach. Please email David Ammann david@bayousmokehouse.com with coaches planning to attend.
- **Bibs** – Your bib number will be assigned to you for both the Slalom and GS races. Your bib will give you lift access during the race only. Please turn in your bib at the finish shack at the conclusion of the final run on Sunday.
- **All USSA Equipment Rules** will be enforced at the start including helmet and ski requirements. Please check with your coaches in advance to make sure you are in compliance as you will not be permitted to start if you are not. See USSA U14 Equipment rules below:
 - Ski Length
 - Ski length measurement tolerance +/- 1 cm
 - GS Ladies & Men No rule
 - SL Ladies & Men 130 cm min
 - Radius
 - GS Ladies & Men 17 m min
 - SL Ladies & Men No rule
 - Profile width under binding
 - SG Ladies & Men No rule
 - GS Ladies & Men No rule
 - Stand Height
 - (ski / plate / binding) all events 50 mm max
 - Boot Height
 - (from sole to top of foot bed) all events 43 mm max
 - U12 and Younger Equipment
 - U12 and younger athletes should limit skis based upon the recommendations in the Alpine Training System and the Course Setting matrix.
 - U12 - two pairs (SL, GS), length ski/size appropriate.
 - U10 - one pair (multi-event), length ski/size appropriate
 - Helmets
 - Helmets designed and manufactured for the particular event of ski racing being contested are required for all competitors and forerunners in all USSA events and official training.

- Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH, Din 1077, ASTM F2040, SNELL S98 or RS 98. The CE mark (pictured here) shall be affixed in a non-removable way on the back of the helmet in a visible location not covered by the goggle strap.
- Athletes U14 and older must use helmets that meet the new FIS standards for all USSA GS, SG and DH competitions.
- Helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the event being contested, such as chin guards on SL helmets are permitted. Soft ear protection is only permitted for helmets used in SL.
- Helmet mounted cameras are not allowed on helmets in official training or competition.

- **SMSSF Race Contact Information:**

President: David Ammann (cajncowboy@aol.com)

Chief of Race: Sean McKee (stumpy@skisugar.com)

Race Administrator: David Miller (dcmillerncsu@gmail.com)

Technical Delegate: Gunther Jochl

- *All schedule information is subject to change based on weather and/or slope conditions. More specific course and slope information will be finalized at the Team Captains Meeting on Friday.*