



**Welcome to West Mountain and the U14 Eastern Finals
hosted by West Mountain Racing
March 24-26, 2023**

Registration is available at adminskiracing.com.

Online registration only. We will not accept any same-day registrations or registrations after registration closes.

The Eastern Finals is Open to all U14s in the East who do not qualify for U14 Regionals, with a cap of 150 girls and 150 boys.

Pre-Event RA: Sara Montgomery sara@westmountain.com

Event Day RA: Margaret Godsil margaret@westmountain.com

TD: Robert Lipton

Chief of Race: Travis Boevin/Dan Scuderi

Team Captain's Meetings:

Friday's Training Day TCM: In-person at 3pm on Friday near the fire pit outdoors

Saturday GS TCM: Friday night at 7pm by zoom

Topic: TCM for Sat., 3/25 GS Event

Time: Mar 24, 2023 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/82098800297?pwd=Rm05N0xvbi9PVHITMEhXT2lYSkJMdz09>

Sunday SL TCM: Saturday night at 5pm by zoom

Topic: TCM for Sun., 3/26 SL event

Time: Mar 25, 2023 05:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/87418954030?pwd=ZXR2b2dlbEt6VFhRaVhTaXhNNkNhQT09>

WMR Race Day Communication Link for coaches:

<https://chat.whatsapp.com/LVCsfPwmIWh83UsWO2OTin>

Friday, March 24, 2023 (3pm-7pm) – Optional SL/GS Training Day (*online registration only on adminskiracing.com and includes the training day*)

Training Trail: Race Face

Check In: 3pm-3:45am Team Captain to pick up all bibs/tickets for each Team under the Large White Tent Behind the Main Lodge

Course Setters Board the Lift: 3pm

Athletes and Coaches Board the Lift for Free skiing warm-up outside training Arena: 3:15pm

SL/GS training begins at 4pm

Training ends at 7pm

**Saturday, March 25, 2023 --- GS and BBQ (*online registration only on adminskiracing.com and includes the GS race and a BBQ voucher for registered athletes for Saturday, and give-aways*)
(Schedule is subject to change)**

Check In: 7:30am-8:15am-Team Captain to pick up all Bibs/RFID cards for each Team under Large White Tent Behind the Base Lodge. Athletes can pick up their swag during Check-In under the White Tent.

Race Trail: Gnarwall/Face

Lift Opens for Course Setters & Jury: 7:30am

Jury Inspection: 8:00am

Lift Opens for competitors: 8:30am

Inspection: 8:45am-9:15am

Inspection Closed: 9:15am

Forerunners: 9:25am

First Run Start Time: immediately after forerunners

Lunch/Second Run Course Re-Set: 11:30am

Second Run Inspection: 12:00pm-12:45pm

Second Run Inspection Closed: 12:50pm

Second Run Forerunners: 1:00pm

Second Run Start Time: immediately after the forerunners

Boys Second Run will immediately follow the girls

Sunday, March 26, 2023 SL (*online registration only on adminskiracing.com and includes the SL race*)

Check In: 7:30am-8:00am-Team Captain to pick up all Bibs/RFID cards for each Team under Large White Tent Behind the Base Lodge. Athletes who have not already picked up their swag, can pick it up during Check-In under the White Tent.

(Schedule is subject to change)

Race Trail SL: Race Face (Men's Course skier's left, Women's Course skier's right)

Lift Opens for Course Setters & Jury: 7:30am

Jury Inspection: 8:00am

Lift Opens for competitors: 8:30am

Inspection: 8:45am-9:15am

Inspection Closed: 9:15am

Forerunners: 9:25am

First Run Start Time: immediately after forerunners

Lunch/Second Run Course Re-Set: 11:30am

Second Run Inspection: 12:00pm-12:45pm

Second Run Inspection Closed: 12:50pm

Second Run Forerunners: 1:00pm

Second Run Start Time: immediately after the forerunners

Boys Second Run will immediately follow the girls

Bib Collection: Bibs will be collected at the finish line each day.

Start Order as per NYSSRA: Start order will use the TRS (butterfly) system.

TRS Looks like this:

Run 1 Random seeded within gender

Run 2 First run start list reversed within gender

Run 3 Starts with second half of first run order within gender
and continues with second half of first run order

Run 4 Start order for the third run reversed with in gender.

Example: Run 1 1-2-3-4-5-6-7-8-9-10/Run 2 10-9-8-7-6-5-4-3-2-1/ Run 3 6-7-8-9-10-1-2-3-4-5/ Run 4 5-4-3-2-1-10-9-8-7-6

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Spectating: Spectating is allowed outside the finish area or along the delineation (tape or bnet). If hiking up the trail, please purchase the discounted parent/sibling ticket (details below).

Parent/Sibling tickets: All parent/sibling discounted tickets (\$40) and can be purchased in advance at westmountain.com.

Awards: Awards will take place outside behind the Main Lodge near the Fire Pit. We will Announce the Top 10 boys and girls each day, the top 3 will receive medals.

Timing: The race can be viewed on Live timing. Please remember results on Live timing are not official.

Protests: Must be submitted in writing at the finish building within 15 minutes of the posting of the referee's report, accompanied by a \$50 protest fee. Jury meetings will be in the timing room above the Race Building.

Officials Check-In/Tickets: Will be distributed at Check In Under the White Tent Behind the Main Lodge

Coaches Check-In Tickets: Will be distributed at Check In Under the White Tent Behind the Main Lodge

Volunteer Check in/Tickets: Will be distributed at Check In Under the White Tent Behind the Main Lodge

Medical Plan Link: [HERE](#)

Hotels and Lodging: [HERE](#)

Clean Mountain Initiative: Please read over West Mountain's Clean Mountain Initiative and health and safety guidelines [available here](#).

Race Volunteers: We are always looking for course crew and gatekeepers. Please email WMR Program Director Sara Montgomery at sara@westmountain.com if you would like to help with our events. Volunteers receive a complimentary bagged lunch and a ski or tubing voucher.

U.S. Ski & Snowboard and Safesport: [HERE](#)

Dining: The West Express Cafe in the Main Lodge will be open Friday during the training day, Saturday and Sunday at 8:00 AM and offers coffee, delicious breakfast sandwiches and more. The Restaurant and Bar will be open Friday at 4pm, Saturday and Sunday at 11am.

Lodge and Tent etiquette: Please keep all the tables and the floor clear of all equipment, food etc. Crock pots and large food displays are only allowed under the Large White Tent behind the Main Lodge.

Ski Tuning: Race tuning with quick turn-around time? No problem. We have a Montana tuning machine in our West Mountain Sports Shop, located across the courtyard from the Main Lodge.

Activities: Our popular Slush Cup event is happening on Sunday afternoon following the race for all those interested 😊

Animals: We love animals, but please keep them at home as they are not permitted on the property.

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Smoking: We do not allow smoking on the property.

Interested in learning more about West Mountain Racing (WMR), please visit westmtracing.com!

Thank you to our Title Sponsors!

