



2025 U10/12 Stubby SL Fundamentals Camp Schedule

Quechee Mountain, VT, Friday, January 31, 2025

Clubs Invited

All VARA Clubs and their athletes limited to 275 athletes.

Format

Based on the number of athletes and clubs in attendance, we will have one gate drill for every 15 athletes with a maximum of 10 gate drills and 2 free ski drills. Athletes will be grouped by ages, U10 and U12, with 3 groups of 3 athletes per club in a group with a coach from a different ski club. Please remember to keep your group moving and skiing with limit talk time.

Cost

\$40 per athlete, coaches comped. Must register on Admin by Wednesday, January 29. Link to follow. Discounted adult tickets are \$30 and children's \$25. They will be available at the ticket booth near the chairlift.

Coach & Athlete Rosters

As we are using Admin for registration, I will not need your rosters in advance as I will use the Admin information for grouping. Please remember that coaches must also register through Admin at no charge.

Course Setting

Setting coaches should arrive by 6:40am complete with drills and gates. We will run a similar drill program as we did last year. Those will be sent shortly.

Team Captains Meeting – Thursday, January 30

6 pm Zoom - <https://us02web.zoom.us/j/89318376531>

Athlete and Coach Schedule – Friday Jan 31

6:40am	Course setting coaches arrive
7:00am	Vehicles depart base lodge for set
7:30am	Registration downstairs of Quechee Base Lodge
8:40am	Brief Athlete Meeting, opening remarks, break into groups On deck outside base lodge
8:55am	Depart for lifts,
9:00am	Lifts Open
9:00am	Optional 2 free ski runs
9:15 – 9:45am	Free Ski SL Drills (same for all)
9:45 – 11:45am	SL Gate Drills
11:45 – 12:30pm	Lunch (must provide your own or purchase from cafeteria)
12:30 – 2:00pm	U10 dual stubby course on the T-Bar and U12 course on the Face

Parent Program

TBD