



Mud Sweat n' Gears Cup U14 SG Training

February 1, 2023

Registration: Online registration only via www.admskiracing.com. Registration requests received after the close of the late registration period on AdminSkiRacing will be seeded last in their respective age group for both runs. Late registrations are not guaranteed to get into the race.

Lodging: Athletes are asked to boot up and get ready in the tent outside the race hut, or in the upstairs room in the main lodge and utilize these areas for all breaks throughout the day.

Parking: Please park in the upper parking lot next to the HHRT Race Center and tent.

Lift Tickets/bibs: Racers will receive a lift ticket with their bib from their coach. Coaches must register online to receive their lift ticket at the Team Captains Meeting. Coaches will also receive athlete bibs and lift tickets at the coaches meeting. Hunt Hollow will kindly make available lift tickets to the racer's family for \$40.00, and may be purchased in the lodge.

Team Captains Meeting: Day of race at 9:45 AM inside of the HHRT Race Hut.

Race Course: Glade. Access by the double lift and exit left.

Equipment Requirement: All athletes must be on a minimum of 17m ski radius with a FIS approved helmet.

Race Day Schedule:

Time	Description	Notes
9:30 AM	Registration	One Coach from each Club must report to the Race Hut to pick up athlete lift tickets and bibs.
9:45	Team Captains Meeting	Outside of the Race Hut
10:30	Race trail closes	Quick Jury inspection of the hill
10:30	Free Skiing on the hill	Athletes must show bibs on outside of clothing
About 11:45	Setting Sections	
12:15	Inspection and running of sections	
TBD	Link sections together	Inspections and full length run(s)

Protests: DSQs will be posted on www.live-timing.com. Protests must be filed within the time prescribed by USSA Rules.

Safety: Please abide by all club rules regarding safe skiing and courtesy to members. Safety bars must be lowered when riding lifts. The North side of the mountain is a slow skiing area. Please be considerate of all skiers on the hill.