Northern Vermont Council U8/10, MW Dual Giant Slalom, 2/9/2025 p/b Mad River Glen Cooperative, Mad River Glen Race Dept, & Mad River Ski Club

Venue: Race Hill (aka Practice Slope)

<u>Race Contact:</u> Jim Komarmi (<u>race@madriverglen.com</u>) <u>Safesport Contact</u>: Jim Komarmi (<u>race@madriverglen.com</u>)

MAAPP SafeSport

<u>Registration</u>: Registration is via Adminskiracing.com. The race entry fee is \$25. Online registration closes on Saturday, February 8, 2025 - 12:00am. Any late registration has a \$10 additional fee. There is no day-of registration. Coaches will pickup bibs/ticket for each club.

<u>Team Captains Meeting:</u> Saturday, 8 February · 17:00 – 17:30 Video call link: https://meet.google.com/tbz-jfhx-mgi Or dial: □(US) +1 443-712-7126□ PIN: □758 269 455□#

Race Communication: NVC U10/8 WhatsApp group chat

<u>Parent tickets:</u> Lift tickets to the general public are now sold out. Only shareholders may purchase additional tickets for friends and family at the ticket window.

<u>About the Race</u>: Dual course, Giant Slalom race with enhanced terrain. Athletes will run in pods by team, girls, then boys. Pod running order and bib order within each pod as determined by random computer generated draw. First run, even number bibs, skiers left (blue) course, odd number bibs, skiers right (red) course.

Second run, switch courses, (odds on blue, evens on red), reverse bibo within each gender, girls first then boys.

Awards: 30 minutes after race completion. Results will be posted to VARA (www.vara.org)

Please note:

Proposed Schedule

- Given Mad River Glen's authentic and natural terrain, racers are encouraged to use mountain skis when skiing on any other trail than the race hill. Safety bars must be used when riding the lift.
- Racer tickets are good all day on Lift 4.
- Uphill Travel/Skiing: See our uphill travel policy at: <u>https://www.madriverglen.com/uphill-policy/</u>
- Pets are not allowed at Mad River Glen. We will require the owner and pet to leave.
- The MRG Basebox (lodge) has a limited capacity. To the extent possible, encourage athletes come prepared to ski when they arrive. Additionally, <u>Please use the 3rd Floor of the Basebox and leave the main floor open for the general public.</u>
- **Parking at MRG is at a premium. Parents are asked to carpool and consolidate.** Please follow the directions of parking attendants. Families are encouraged to carpool and use the upper parking lot near the top of Lift 4.

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| 7:30 | Lift for Jury and course workers |
| 7:30 - 8:00 | Registration pickup (coaches/team captains only) on the pub deck |
| 8:30 AM | Practice Slope Chair (Chair 4) opens for coaches and athletes. Athletes are asked to warm up on Cricket, Grasshopper, Eaton's or skiers right on the Practice Slope. |
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| 8:30-9:30 AM | First run inspection |
| 9:50 AM | Forerunners |
| 10:00 AM | First run, Bib Order |
| 11:30 AM | Second run, Reverse Bib Order |
| 1:00 PM | Awards on the back steps of the basebox. |
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The proposed schedule and details of the event may be amended by the ROC at point in time. Please check this race announcement for updates. 7 February 2025





Mad River Glen Cooperative – Ski Patrol/Race Department Medical Plan for Practice Slope/Race Hill



Race Venue:

The race venue (Practice Slope/Race Hill) is located on the North side of the base area. The venue and trail is staffed and patrolled by Mad River Ski Patrol. There is a patroller at the start during all races. This is the primary response to an injured athlete. The primary sled cache is located at the top of Lift 4, the Practice Slope/Race Hill. Secondary response can arrive via staffed patrol/first aid locations at Starks Nest and/or the top of the Double. All ski patrol can be contacted via mountain radio, channel 2 or via patrol cell number 802-989-0012 or MRG dispatch at 802-496-3551, ext 110. "Stop The Bleed" kits are staged at the start in the sled cache and at the gate bins near the finish.

Mad River Glen maintains a first aid station and examining room in the Base Area. This facility is used to examine skiers taken off the slopes by Patrol, and here Patrol will determine if a patient needs further attention, either via ambulance (Mad River Valley Ambulance Service) to Central Vermont Medical Center in Berlin, VT (CVMC-35 minute drive, 29 miles), the University of Vermont Health Care Clinic at Lincoln Peak (10 minute drive 7.5 miles), or University of Vermont Medical Center in Burlington, VT (55 minute drive, 45 miles).

In case of injury:

- Ski Patrol is contacted either by calling patrol on Mountain Radio, Channel 2; by calling Ski Patrol at 802-989-0012, by calling administration/dispatch at 802-496-3551 ext 110; or by informing the patroller at the start.
- Ski Patrol is notified of the location and nature of the injury.
- Once on scene, Ski Patrol follows Mad River Glen protocol for patient care, including, but not limited to: first aid, CPR, sled transport and notification of ambulance or helicopter evacuation.
- Depending on the severity of the injury, the patient will be transported to the base area for evaluation and/or transport to the UVM Orthopedic Clinic at Sugarbush (10 minutes away by car, 7.5 miles), UVM CVMC (35 minutes away by vehicle transport, 29 miles), UVM Medical Center (55 minutes away by vehicle transport, 45 miles) or Dartmouth-Hitchcock (1 hour, 37 minutes by vehicle transport, 85 miles).
- Helicopter service is provided by D.H.A.R.T (Dartmouth-Hitchcock Advanced Response Team) and is coordinated through Mad River Valley Ambulance Service. Primary landing site is the Mad River Valley Ambulance Service headquarters in Waitsfield, Vermont (8 minutes by vehicle transport, 5.5 miles). Alternative landing sites include Mad River Glen parking lot, and Moretown Elementary School (18 minutes away by transport, 11 miles)

Important Phone Numbers

Mad River Glen Patrol 1 Station: (802) 989-0012 Mad River Glen Administration/Dispatch: (802) 496-3551 UVM Orthopedic Clinic at Sugarbush: (802) 583-4085. Mad River Valley Ambulance Service: (802) 496-3600 UVM CVMC: (802) 371-4265, or (802) 371-4100 Race Department Office: (802) 496-3551 ext 126

