

Otis Ridge Ski Area Race Day Medical Plan

Racers, coaches and parents acknowledge acceptance of this medical plan by choosing to race in the Otis Ridge Interclub Race.

Race Course: Will begin at the of Slalom Trail Otis Ridge Ski

Patrol are considered first responders in the event of an emergency and are members of the National Ski Patrol and are all certified as Outdoor Emergency Care Technicians. One certified ski patrol personnel will be stationed at the top of the race course at all times.

Emergency Action Plan In the event of an emergency race officials will order a “Stop Start” on the radio. The Chief of Race (1st person in charge) will notify ski patrol. The race will be put on “hold” until adequate care is delivered. When ski patrol is deployed on to the race course, a ski patroller will take their place at the top of the race course and will standby for further instruction.

Upon arrival, ski patrol will take over control of the scene and will act accordingly. Depending on the severity of the injury/emergency Ski patrol will deploy necessary measures. Once ski patrol has cleared the scene on race course, the race may be resumed.

Stop The Bleed: Ski Patrol will carry with them a stop the bleed kit, which will also be stationed at the top of the race course.

Communication:

Ski Patrol: Channel 1

Mountain Operations: Channel 2

Race Jury: Channel 3

First person in charge: Chief of Race

Second Person in Charge: Technical Delegate

Third Person in Charge: Head Race coach

Rescue Sleds: one rescue sled is at the top of the mountain at the Ski Patrol top shack, and one will be in proximity to the race course and dedicated to the race. Sleds carry backboards, c-spine equipment, fracture packs and splints.

Ski Patrol Locations: One ski patroller will be assigned to stand-by at the top of the race course. Ski Patrol First Aid is located at the base of Otis Ridge, to skier's far left (see below).



Medical Transport: Depending on the injury, if viewed as needed by Ski Patrol, Berkshire County dispatch will direct the closest available ambulance, usually Otis Ambulance, to the scene. Alternatives include Becket or Southern Berkshire.

Fairview hospital, in Great Barrington, is the closest hospital. Berkshire Medical Center is a level 3 trauma center, and is our closest trauma center. Berkshire Medical Center (BMC), is located at 725 North Street, Pittsfield, MA 01201. BMC would evaluate and decide what the medical situation requires. BMC also would decide if further helicopter transport is required. BMC is a Level III trauma center. Baystate Medical Center in Springfield is a Level I trauma center.

Life flight is available from BMC or Baystate, and necessity would be determined by EMS personnel.