



NYSSRA U16/18 Fundamentals Project Whiteface December 4-7, 2025

Project Objective: To gain early on-snow mileage through directed free skiing and fundamental skiing drills. Emphasis will be placed on team building, education, and camaraderie. The coaching staff will be comprised of age appropriate NYSSRA coaches and invited guest coaches.

Registration: To officially register for the camp, you must be a current member of NYSSRA and USSA. Registration is on a first come first serve basis and opens 10/16/25 at 12 noon. Total of 20 athletes. Wait list will be enabled and if there is demand we will add spots.

LINK TO REGISTER

Cost: \$795.00 This includes breakfast, bag lunch, dinner, housing, lift tickets, coaching, activities, and transportation for the camp.

This does not include incidental spending money.

Location: Whiteface Mountain and athletes will stay at:

NYSEF at The Inn - 5093 Rt. 86, Wilmington, NY

Arrival/Departure: Please plan to arrive at the The Inn on Thursday, December 4th between 6:30 – 8:00 pm. The NYSSRA Staff will check you in and assign your room. At this time you will need to turn in your required NYSSRA paperwork. Parents can pick up their athletes at 1:30pm on Sunday, Dec 7th in the Ausable Room at the Whiteface Base Lodge.

Important Numbers:

Stephen Mergenthaler NYSSRA Development Director 518-524-3328

Staff:

Aaron Dewey USSS Staff & NYSSRA Past President 315-723-1034

Tyler Travis Head Coach Labrador 315-546-4614

Caitlin Croft NYSSRA Executive Director 716-440-7933

David Temes U16+ Coach Labrador & NYSSRA President 315-706-8550

Athletes attending the NYSSRA Fundamentals Camp will be expected to conduct themselves in a responsible and mature manner. NYSSRA staff will go over the Code of Conduct on Thursday night at the athlete meeting. Infractions to the code of conduct will be dealt with individually. In severe situations, athletes will be sent home.

Plan to work hard at during this weekend! Be prepared by hydrating and fueling appropriately prior to arrival and bring your positive attitude! We look forward to working you.

Note: Please make sure you check equipment you are bringing, bindings adjusted to boots, boots that fit (try on before you come), poles that are the right size!

NYSSRA U16/18 Fundamentals Camp – Packing List & General Information

Athletes may bring their cell phones, but they will be asked to turn them off during study hall and training.

Mandatory Study Hall - Please contact your teachers at school and inform them that you will be out of school during this period of time. We will provide a mandatory supervised study hall each afternoon. If your homework will not keep you busy, please bring a book to read. There is wireless Internet available (not super strong!) if you need to bring a laptop computer. (School excusal note will be sent out one week prior to camp)

Packing - You will be on snow every day. Please be prepared, as we will train regardless of weather conditions. SLALOM SKIS

- Ski Gear – ski clothes, helmet, SL skis (straps for transport), poles, ski boots, goggles, gloves/mittens, back protector, raincoat, warm layers, ski socks (no SL Guards needed)
- Athletic clothes, sweatpants, sweatshirts, shorts, t-shirts, and athletic socks
- Comfortable clothes for evening
- Water bottle – marked with your name
- Sneakers & snow boots
- Back pack for gear to Whiteface
- Toiletries
- PJ's
- Required paperwork (4) – NYSSRA code of conduct, NYSSRA waiver, NYSEF-ORDA waiver.
- Medication if needed
- Boot dryer
- Power or protein bars for a snack on the hill
- School books & laptop if needed
- Pillow
- Bath towel

If you take medication, have any allergies, or have any other concerns, please let us know ahead of time and see Head coach when you arrive

DAILY SCHEDULE

Thursday 12/4

6:30-8:00pm- Check in at The Inn

8:00-9:00pm – Athlete/Coach meetings

9:15pm- In rooms

9:30pm – Lights Out

FRIDAY 12/5

6:30am – Wake up

6:45am - Warm up

7:00-7:30am - Breakfast

8:00am – Leave for Whiteface

9:00-2:30pm – Training at Whiteface

3:30pm - Snack, Mandatory Study Hall

5:30pm – Dinner

7:00pm – Evening Activity

9:15pm – In Rooms

9:30pm – Lights out

SATURDAY 12/6

6:30am – Wake up

6:45am – Warm up

7:00-7:30am - Breakfast

8:00am - Leave for Whiteface

9:00-2:30pm – Training at Whiteface

3:30pm – Snack, mandatory study hall

5:30pm - Dinner

7:00pm – Evening Activities

9:15pm - In rooms

9:30pm - Lights out

SUNDAY 12/7

6:30am - Wake up & pack bags

7:00-7:30am - Breakfast

8:00am – Leave for Whiteface

9:00am-12:00pm – Training at Whiteface

1:30pm – Athlete pick up at Whiteface & depart for home